

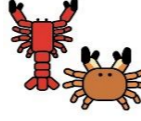
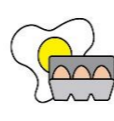
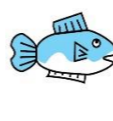





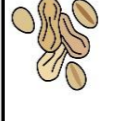

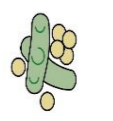



# Allergen Matrix

Namaste Indian Restaurant, 389 King George Road, South Shieds, NE34 8AQ


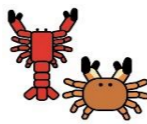






														
Menu Item	Celery	Cereals containing gluten (List Type)	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts (List Type)	Peanuts	Sesame seeds	Soya	Sulphur Dioxide & Sulphates
KORMA	✓		✓		✓		✓			PEANUT POWDER	✓			
KASHMIRI	✓		✓		✓		✓			CASHEW / SULTANAS				
MALAYAN	✓		✓		✓		✓			CASHEW / ALMONDS				
PASANDA	✓		✓		✓		✓			CASHEW				
MOSSALLA	✓		✓		✓		✓			PEANUT POWDER	✓			
BHUNA	✓		✓		✓								✓	
DUPIAZA	✓		✓		✓								✓	
ROGAN	✓		✓		✓								✓	
DANSAK	✓		✓		✓								✓	
KORAI	✓		✓		✓								✓	
SAGWALA	✓		✓		✓								✓	
MADRAS	✓		✓		✓								✓	
VINDALOO	✓		✓		✓								✓	
PATHIA	✓		✓		✓								✓	
SRI LANKA	✓		✓		✓								✓	
JALFREZI	✓		✓		✓								✓	
CHILLI MOSSALLA	✓		✓		✓								✓	

REVISION NO. 1	DATE:	SIGNATURE:
REVISION NO. 2	DATE:	SIGNATURE:

CONTAINS ALLERGEN	<input checked="" type="checkbox"/>
MAY CONTAIN	<input type="checkbox"/>
POSSIBLE CROSS CONTAMINATION	<input type="checkbox"/>

# Allergen Matrix

Namaste Indian Restaurant, 389 King George Road, South Shieds, NE34 8AQ

														
Menu Item	Celery	Cereals containing gluten (List Type)	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts (List Type)	Peanuts	Sesame seeds	Soya	Sulphur Dioxide & Sulphates
ONION BHAI				✓									C	✓
PAKURA		SELF RAISING FLOUR		✓									C	✓
PRAWN COCKTAIL			✓	✓					✓					
SAMOSA		SELF RAISING FLOUR		C									C	✓
ALOO CHATT ON PUREE	✓	SELF RAISING FLOUR											C	✓
BHUNA PRAWN PUREE	✓	SELF RAISING FLOUR	✓										C	✓
BHUNA KEEMA PUREE	✓	SELF RAISING FLOUR											C	✓
CHICKEN CHATT	✓	SELF RAISING FLOUR						✓					C	✓
GARLIC MUSHROOM PUREE	✓	SELF RAISING FLOUR											C	✓
KING PRAWN BHAI PUREE	✓	SELF RAISING FLOUR	✓										C	✓
CHICKEN TIKKA								✓						✓
SEEKH KEBAB								✓						✓
TANDOORI CHICKEN								✓						✓
MIXED KEBAB								✓						✓
MURG MOMO	✓	SELF RAISING FLOUR											C	✓
MURGHI TIKKA CHATT	✓	SELF RAISING FLOUR						✓					C	✓
ROSHUNI TIKKA								✓						✓

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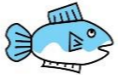







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# Allergen Matrix

Namaste Indian Restaurant, 389 King George Road, South Shieds, NE34 8AQ

														
Menu Item	Celery	Cereals containing gluten (List Type)	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts (List Type)	Peanuts	Sesame seeds	Soya	Sulphur Dioxide & Sulphates
OREGANO MURG	✓												✓	
MIRCHI	✓												✓	
AJWANI					✓									
NAMASTE JINGA	✓		✓										✓	
SCALLOPS			✓										✓	
MUSSELLS	✓		✓					✓					✓	
KAKRA	✓		✓										✓	
LAMB CHOPS							✓						C	✓
MIX PLATTER							✓						✓	
SHISH THE BUFFALO							✓						✓	
SHEEK ROLL KEBAB		PLAIN FLOUR					✓							
ALOO BORTHA	✓	PLAIN FLOUR					✓						C	✓
DOSA	✓	PLAIN & RICE FLOUR					✓						✓	
MUSHROOM SURPRISE	✓						✓						C	✓
NAMASTE SOUP	✓		✓		✓								✓	
VEG CHATT	✓	SELF RAISING FLOUR											C	✓
SASHLEEK	✓		✓		✓		✓						✓	

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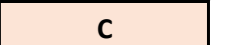
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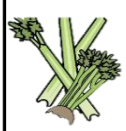

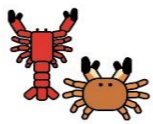
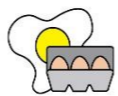
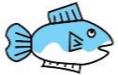
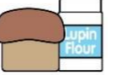










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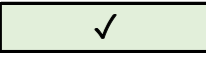
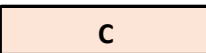


# Allergen Matrix

Namaste Indian Restaurant, 389 King George Road, South Shieds, NE34 8AQ



														
Menu Item	Celery	Cereals containing gluten (List Type)	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts (List Type)	Peanuts	Sesame seeds	Soya	Sulphur Dioxide & Sulphates
PANEER MASALA	✓						✓						✓	
PALOK MASALA							✓						✓	
DHAL THADUKKA	✓						✓						✓	
ALOO GOBI DABA	✓												✓	
NAAN		SELF RAISING FLOUR		✓			✓							
CHAPATI		PLAIN FLOUR												
PURI		PLAIN FLOUR											C	✓
PARATHA		PLAIN FLOUR												✓
PICKLES	✓													✓
POPPADUMS														✓
SPICED POPPADUMS														✓
CHIPS													C	✓
SPICY CHIPS													C	✓
BASMATI RICE														
FLAVOURED RICE	✓									CASHEW *			C	✓
FLAVOURED NAAN				✓			✓			CASHEW *				
CURRY														✓

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# Allergen Matrix

Namaste Indian Restaurant, 389 King George Road, South Shieds, NE34 8AQ






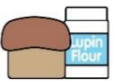






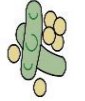

														
Menu Item	Celery	Cereals containing gluten (List Type)	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts (List Type)	Peanuts	Sesame seeds	Soya	Sulphur Dioxide & Sulphates
BALTI	✓												✓	
VEG ROLL	✓	PLAIN FLOUR											C	✓
CHANA CHATT	✓	PLAIN FLOUR					✓						C	✓
DHAL PURI		WHEAT FLOUR											C	✓
SINGARA	✓	WHEAT FLOUR											C	✓
ADRAKI GOBI	✓						✓							✓
SAMBA CHANA	✓						✓							✓
ACHARI BAIGAN	✓						✓							✓
KAHARI BHINDI	✓													✓
KADAI SABZI	✓													✓
MASALA ROTI		GRAM FLOUR												
TANDOORI ROTI		PLAIN FLOUR												
CHAPATI		PLAIN FLOUR												

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# Allergen Matrix

Namaste Indian Restaurant, 389 King George Road, South Shieds, NE34 8AQ

														
Menu Item	Celery	Cereals containing gluten (List Type)	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts (List Type)	Peanuts	Sesame seeds	Soya	Sulphur Dioxide & Sulphates
GRAVY	✓												✓	
KERRYMAID SINGLE CREAM							✓							
HEERA SPICED PAPADUMS														
COLEMANS COCKTAIL SAUCE			✓	✓					✓					
PATAK TANDOORI PASTE									*	*	*			
PATAK TIKKA PASTE									*	*	*			
PATAK KASHMIRI PASTE									*	*	*			
PATAK BALTI PASTE									*	*	*			
PATAK KEBAB PASTE									*	*	*	*	*	
HEERA CINNAMON STICKS									*	*	*	*	*	
HEERA CHILLI FLAKES														
ASDA SARDINES					✓									
SMITHFIELD CHICKEN														
AUSTRALIAN LAMB														
SOBI PRAWNS			✓											
C ESSENTIALS CHEESE					✓		✓							
WHITETOWER TOMOATO PASTE														

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# Allergen Matrix

Namaste Indian Restaurant, 389 King George Road, South Shieds, NE34 8AQ



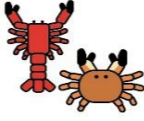
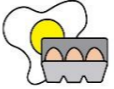

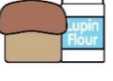








														
Menu Item	Celery	Cereals containing gluten (List Type)	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts (List Type)	Peanuts	Sesame seeds	Soya	Sulphur Dioxide & Sulphates
HEERA BUTTER GHEE							✓							
HEERA TAMARIND														
C LARDER SWEET CHILLI SAUCE														
L KIMS SOY SAUCE		WHEAT FLOUR											✓	
LEA P WORC. SAUCE		BARLEY			✓									
SARSONS M. VINEGAR		BARLEY												
CHAOKOH COCO MILK														
HEERA CHICKPEAS														
HEERA PINE. SLICES														
HEERA MANGO PULP														
COLEMAN GARDEN MINT														
BALAH LEMON PRESSINGS														
HEERA COCO SOAP														
HEERA PLUM TOMATOES														
BALAH POPADUMS														
HEERA SULTANAS		WHEAT					*		*	*	*	*	*	
HEERA PISTACHIOS							*		*	PISTACHIO	*	*	*	

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POSSIBLE CROSS CONTAMINATION	c

# Allergen Matrix

Namaste Indian Restaurant, 389 King George Road, South Shieds, NE34 8AQ

														
Menu Item	Celery	Cereals containing gluten (List Type)	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts (List Type)	Peanuts	Sesame seeds	Soya	Sulphur Dioxide & Sulphates
HEERA PEANUT POWDER											✓			
HEERA COCO POWDER														
AZKA RED CHILLI														
HEERA POPPY SEEDS							*		*	*	*	*		
HEERA MUSTARD SEEDS							*		*	*	*	*		
HEERA KALONJEE							*		*	*	*	*		
HEERA ALMOND FLAKES							*		*	*	*	*		
BALAH GRAM FLOUR							*		*	*	*	*		
HEERA CHILLY POWDER							*		*	*	*	*		
HEERA HALDI POWDER							*		*	*	*	*		
HEERA CORIANDER POWDER							*		*	*	*	*		
HEERA GARAM MASALA							*		*	*	*	*		
SOBI KING PRAWNS			✓				*		*	*	*	*		
OCEAN SEABASS					✓									
EASTERN SCALLOPS														
SEARA NUGGETS	✓	WHEAT		✓									✓	
ONIONS														



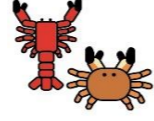


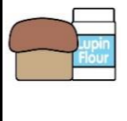




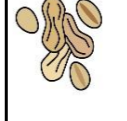

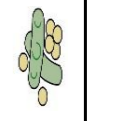

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REVISION NO. 2	DATE:	SIGNATURE:

CONTAINS ALLERGEN	<input checked="" type="checkbox"/>
MAY CONTAIN	<input type="checkbox"/>
POSSIBLE CROSS CONTAMINATION	<input type="checkbox"/>



# Allergen Matrix

Namaste Indian Restaurant, 389 King George Road, South Shieds, NE34 8AQ


														
Menu Item	Celery	Cereals containing gluten (List Type)	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts (List Type)	Peanuts	Sesame seeds	Soya	Sulphur Dioxide & Sulphates
POTATOES														
GREEN PEAS														
TOMATOES														
LENTILS														
CUCUMBER														
AMB KETCHUP														
HEERA PANEER							✓							
WHITWORTH NAAN ATTA		WHEAT												
CHAMPION CHPATI ATTA		WHEAT												
MR NAGA									✓				✓	
CASHEW NUTS										CASHEW				
METHI LEAVES														
SUGAR														
BIG 8 OIL													✓	
KHYBER VEG GHEE							✓						✓	
SWEETCORN														

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- POSSIBLE CROSS CONTAMINATION c

# Allergen Matrix

Namaste Indian Restaurant, 389 King George Road, South Shieds, NE34 8AQ

														
Menu Item	Celery	Cereals containing gluten (List Type)	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts (List Type)	Peanuts	Sesame seeds	Soya	Sulphur Dioxide & Sulphates
TANDOORI KING PRAWN			✓										✓	
TANDOOR KAZANA			✓										✓	
HARA MASALA													✓	
CHETINADU													✓	
KADAI													✓	
KOZI MAPPAS							✓							
PISTACHIOS							✓			PISTACHIOS				
MURG BIRYANI							✓			CASHEW			✓	
KARAIKUDI													✓	
SUKHA GOSHT													✓	
JERDALOO													✓	
LAKNAWEE THAKKALI							✓						✓	
NAMASTE DELICACY													✓	
SALMON MANCHERY					✓		✓						✓	
NAMASTE PRAWN CURRY			✓				✓						✓	
CHEEMAN MANGACHAR			✓				✓						✓	
CHOLA													✓	

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REVISION NO. 2	DATE:	SIGNATURE:

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MAY CONTAIN \*

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